### **Shipping Instructions**

### **Shipping -UK Only**

For your convenience, we have enclosed a pre-paid return shipping label. Please stick this label to the front of your sealed shipping bag or package, and either take it to a UPS drop-off point (see

https://www.ups.com/dropoff/?loc=en GB) or contact the day before shipping is required, UPS to arrange a collection. Call them on 03457877877, quoting account number AR6636, and request a standard next-day delivery; give them your address and NOT the waybill number. (this will not exist in their system until it has been scanned)Regenerus Laboratories do not keep records of your tracking number. Should you need any assistance, please call +44 (0) 203 750 0870, or email info@regeneruslabs.com

## Shipping - Overseas (to be done within 2 months of receiving the kit)

For your convenience, we have enclosed a pre-paid return shipping label for DHL (FEDEX if Netherlands) with your DHL Overpak bag. Please ensure you package your samples correctly (samples should be placed in a biohazard/ziplock bag, then a box, the shipping bag) failure to use all 3 layers of packaging may result in shipping rejection.

Then contact your local DHL to arrange a collection / drop off.

# Blood Metals Panel (TEE15) Instructions

regenerus labs

Enclosed: Check table to see what's included Keep the box provided to return your sample in.

Blood draws should be booked for Monday to Wednesday preferably.

Code: TEE 15
EDTA Blue Top Tube x 1
1 Shipping Box
1 Hazard Bag
1 Security Label
1 x requisition form
1 x Return Shipping Label



**When?**: Book your blood to be drawn and collected Monday to Wednesday only ensuring the next day is not a bank holiday or weekend in the UK.

### **Preparation**

Do not eat seafood or fish products for 48-72 hours prior to collecting your blood sample. Fish oils are OK.

**Where?** You can choose any location you like to collect your blood or try our partner sites that can help by visiting <a href="https://www.regeneruslabs.com">www.regeneruslabs.com</a>.

See shipping instructions overleaf

#### **Blood Draw**

- Complete your patient requisition form including date and time of draw.
- Fill the tube at least half way (min 2ml per tube)
- Name and date each tube
- Wrap absorbent cloth provided around each tube
- DO NOT SPIN OR FREEZE SAMPLES

### **Packing**

Phlebotomist Instruction

- Place all completed tubes into hazard bag and seal.
- Place bag into return shipping box with completed paperwork.
- Seal with security strip.
- This specimen is ready for shipping and must be dispatched same day.

For assistance call 0203 750 0870 or email info@regeneruslabs.com.